



From the
Sandpit
to **Adulthood**
Helping Today's Children to Thrive

Everyone wants their children to grow up happy, healthy, strong and kind and that's what resilience is all about. We can strengthen children's capacity to better manage adolescence – and we can also build this life-coping capacity during adolescence. In this seminar, Maggie explores her 10 resilience building blocks for childhood as well as looking at the essential value of healthy support during adolescence.

Where: Our Lady of Grace, 5a Kitchener St, North Beach, MPA Building

When: Tuesday 4th November

Time: 7 - 9pm

Cost: \$10 per ticket

RSVP Date: Friday 26th September

Booking Details: Book tickets through www.trybooking.com/FYNB

Additional Info: For additional information contact OLG School Office, Vicki Ryan, or email ryan.vicki@cathednet.wa.edu.au or Ph:62419500