



Government of **Western Australia**  
 Department of **Health**  
 Child and Adolescent Health Service



## Free Triple P Discussion Groups

You are invited to attend a Triple P Discussion Group/s. This is a short 2 hour session that will focus on some of the commonly experienced behaviours that parents can struggle with eg disobedience, fighting and aggression, tantrums at the shopping centre.

The next **FREE** Discussion Groups are being held at:  
 West Stirling Neighbourhood House  
 228 Hancock St  
 Doubleview

Topic	Date
Dealing with disobedience	26 July 2017
Hassle-free shopping with children	2 August 2017
Managing fighting and aggression	9 August 2017
Dealing with disobedience	16 August 2017
Managing fighting and aggression	13 September 2017

Time: 9.30-11.30am – all sessions

**RSVP:** Bookings are essential and places are limited.

**Please register via:** <https://www.trybooking.com/QOFZ>  
 or phone 9400 9551 for more information.

To find other available programs visit our website  
[www.healthywa.wa.gov.au/Triple\\_P](http://www.healthywa.wa.gov.au/Triple_P)





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## FREE PARENTING SEMINARS

You are invited to attend the Triple P Seminar Series. You will learn practical, positive and effective ways to deal with common behavioural problems and ways to help your child achieve their best at school and in the future.

Parents are encouraged to attend all 3 seminars:

1. *Children's behaviour – the tough part of parenting*
2. *Raising confident children*
3. *Raising emotionally resilient children*

The next **FREE** 3 week Series is held:

**When:** Term 3 2017  
**Location:** Wanneroo  
**RSVP:** Bookings are essential and places are limited.



**Please register via:**

<https://www.trybooking.com/PQOL>

**or phone 9400 9551 for more information.**

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The next **FREE** 3 week Series is held:

**When:** Term 3 2017  
**Location:** Warwick  
**RSVP:** Bookings are essential and places are limited.



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