

WEST LEEDERVILLE & (JOONDALUP)

Level 1/22 Southport Street (corner Cambridge Street)

Parenting Courses July/August 2017

<p>Fathering After Separation It's important for fathers to distinguish between their parenting role and their relationship break-up. This seminar, held in a male-friendly environment, suggests helpful ways to keep in touch with your child to build skills and to recognise strengths and challenges.</p>	<p>DATE: 18 July DAY: Tuesday TIME: 6.30-9pm COST: \$30 per person</p>
<p>Introduction to Stepfamilies Stepfamilies present a whole array of challenges that are different to those found in a biological family. This workshop is based on research that highlights some of the more helpful ways of forming and living in this new family. This workshop is a taster for our longer stepfamily courses.</p>	<p>DATE: 19 July DAY: Wednesday TIME: 6.30-9pm COST: \$30 per person</p>
<p>Emotion Coaching Every parent wants to do the best for their child but can often feel overwhelmed. After many decades of research it has been found that one of the most useful skills and awareness a parent can give is emotional intelligence. This means helping their child to recognise what they are feeling and why. This short course explores the most helpful way of responding to a child to help them to learn how to regulate their own emotions.</p>	<p>DATE: 25 July DAY: Tuesday TIME: 6.30-9pm COST: \$30 per person</p>
<p>(JOONDALUP) Dads Raising Girls Find out how to build a rewarding father-daughter relationship. As the primary male role model in a girl's life, Dads play an important role in the development of their self-concept and self-esteem. This can often affect how their daughters relate to others, particularly to boys and men.</p>	<p>DATE: 26 July DAY: Wednesday TIME: 6.30-9pm COST: \$30 per person</p>
<p>Tuning into Kids This course is designed to help parents develop emotional intelligence in their child and learn the art of emotion coaching. This evidence-based program teaches coaching skills to help parents recognise, understand and manage their own and their children's emotions during difficult times.</p>	<p>DATE: 31 July - 4 Sept DAY: Monday TIME: 6.30-9pm COST: \$110 per person</p>
<p>Parent Child Connection for DADS Being a parent can be tough. People with primary school children are invited to this four week course to learn new skills, feel better about their parenting and gain confidence.</p>	<p>DATE: 1 - 22 August DAY: Tuesday TIME: 6.30-9pm COST: \$50pp/\$75 couple</p>
<p>Making Stepfamilies Work Find out how to build the enduring, resilient stepfamily you both want. The course offers strategies on communication, discipline and managing competing demands.</p>	<p>DATE: 2 August - 6 Sept DAY: Wednesday TIME: 6.30-9pm COST: \$80pp/\$130 couple</p>
<p>Parent Child Connection DAYTIME Being a parent can be tough. People with primary school children are invited to this four week course to learn new skills, feel better about their parenting and gain confidence.</p>	<p>DATE: 9 - 30 August DAY: Wednesday TIME: 10am - 12.30pm COST: \$50pp/\$75 couple</p>
<p>Parent Teen Connection This course reduces stress and teaches parents how to communicate, negotiate and minimise conflict</p>	<p>DATE: 31 Aug - 20 Sept DAY: Thursday TIME: 6.30-9pm COST: \$50pp/\$75 couple</p>

For further information and to enrol please phone 6164 0200