

What Is Bullying?

- A repeated, unjustifiable behaviour
- May be physical, verbal, and/or psychological
- Intended to cause fear, distress or harm to another
- Conducted by a more powerful individual or group
- Against a less powerful individual who is unable to effectively resist
- Includes gestures, extortion (handing over possessions), exclusion, slander, setting individuals up, racial or sexual harassment and passive bullying.

How Is It Different to Other Forms Of Aggression?

The elements of

- ❖ power imbalance,
- ❖ unprovoked aggressive acts, and
- ❖ repeated actions

are unique characteristics of bullying.

What About 'Passive' Bullying?

At OLG we aim to instil a culture of zero tolerance to bullying. Ignoring bullying behaviours or participating as a 'bystander' is unacceptable. It is the responsibility of all community members to ensure our safety, security and respect for all individuals.

OLG's Strategies For Preventing and Addressing Bullying...

The following components will be used to empower all community members and create an atmosphere of zero tolerance towards bullying behaviours:

- ✓ OLG's Friendly School Policy
- ✓ Classroom lesson plans to address bullying behaviours and actively teach empowering strategies.
- ✓ Conflict resolution strategies – staff and students
- ✓ Four step student action plan
- ✓ Teacher action plan
- ✓ Parent Action Plan
- ✓ Incident Notification Form
- ✓ Bullying Concerns 'drop box'

STUDENT ACTION PLAN



- 1. STOP**
Ask the person(s) to stop.
- 2. I FEEL...**
Tell the person how you feel when they...
- 3. WALK AWAY**
Move away from the person.
- 4. ADULT**
Inform the teacher on duty.

DUTY TEACHER ACTION PLAN



- 1. CHECK**
Check the student has taken the first three steps.
- 2. INFORM**
Inform the students' class teachers.
- 3. ISOLATE**
Sit the bullying student out for the remainder of the break
- 4. RECORD**
Complete a behaviour report from the 'Duty Book'

CLASS TEACHER ACTION PLAN



- 1. INCIDENT FORM**
Complete an incident form for both parties and send to parents.
- 2. INFORM**
Inform the Principal
- 3. FOLLOW UP**
Follow up parent responses to incident form.
- 4. *MEETING**
* Meeting between parent, teacher and principal required after 3rd incident. Group to devise an individualized action plan.

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Parents – You Can Help!



Parents are an important component in the OLG's Friendly School Policy and can actively support the program.

- Encourage constructive responses – physical bullying or name teasing should be reported
- Remind children that hitting back or retaliating with name calling won't solve the problem
- Encourage children to write down the incident and give it to a member of staff

PARENT ACTIONS

Some possible indicators of bullying are:

- Unwillingness to attend school
- Dropping off in academic performance
- Damaged clothes and frequent loss of property
- Loss of confidence and uncharacteristic mood changes
- Aggression towards siblings

1. FOLLOW UP

If you receive an incident notification form, sign, return and follow up with your child.

2. MEETING

If need arises, attend meeting and assist in devising an action plan for your child.

At Our Lady of Grace School it is important that bullying is seen as

a
BEHAVIOUR

and not personalized in the form of a 'bully'.



Via our whole school policy, we aim to promote the message that
all students are valued,
but engaging in bullying behaviour is unacceptable.



We hope to build awareness at all levels of the school community and engage appropriate, consistent strategies to deal with bullying.

YOUR SUPPORT IS GREATLY APPRECIATED

OUR LADY OF GRACE

PRIMARY SCHOOL



Policy Statement on Bullying

Our Lady of Grace Primary School belongs to a Catholic community which empowers all students through knowledge, faith and wisdom to live fulfilling lives in our ever-changing world.

In accordance with this vision, the school respects the rights of its students and staff to be free from all forms of bullying.

